

# Community Mennonite Fellowship Adult Sunday School Classes



*Four adult classes will be offered this quarter:*



## **Enough: Silencing the Lies That Steal Your Confidence**

by Sharon Jaynes  
(A class for women)

*Led by Pam Jablonski*

What can you do when you feel you're just not good enough?

Do voices in your head say you're not good enough, smart enough, pretty enough...or just not enough, period? It's time to stop listening to lies that sabotage your confidence and embrace the truth of who God says you are.

Sharon Jaynes exposes the lies that keep us bogged down in shame, insecurity, and feelings of inadequacy. She'll help us recognize the lies and replace them with truth, in order to:

- silence the voice inside that whispers you're just not good enough
- accept God's grace and move past failures that define and confine you
- preload your heart with truth to fight your deepest insecurities

Today is the day to embrace your incredible worth as a woman who is uniquely fashioned and spiritually empowered!

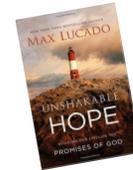
## **Desperate for More of God**

By Shane Idleman

*Led by Larry Seibert*

In the study, *Desperate for More of God*, we will examine targeted topics that plague both the church and believers. Topics such as: Truth, Unity, Holiness, Personal Revival, Faith, and others, from both the perspective of religion and relationship and the distinction between the two.

Religion focuses on what "we" do, but a relationship with Christ focuses solely on what "He" did. The goal of this class is to fuel an intense desire for more of Christ.



## **Unshakable Hope**

by Max Lucado

*Led by Mike and Olivia Platt*

What feels shaky in your world? Are you overwhelmed by the problems you're facing or the pain you're feeling? Maybe you feel hurt by the past. Disappointed by the present. Worried about the future. If so, you are not alone, but there is hope.

In *Unshakable Hope*, Max Lucado unpacks 12 of the Bible's most significant promises, equipping you to overcome difficult circumstances by keeping your focus on the hope found in the promises of Scripture rather than dwelling on the problems in front of you. For every problem in life, God has given you a promise.

What is your life built on—the circumstances of life or the promises of God? The answer to that question changes everything. Join us as we take a closer look at Scripture's unbreakable promises that show us how to live with unshakable hope.

## **Discipleship, Community, and Reconciliation: The Foundational Values of CMF**

*Led by Linford Good and Brantley Gasaway*

Every church has foundational values that shape its ministries, worship, and character. In this class, we will explore the primary principles and theology that guide CMF. We invite everyone—members, longtime attendees, and newcomers—to a time of learning and conversation about the three core values of our congregation: (1) Jesus is the center of our faith; (2) Community is the center of our life; and (3) Reconciliation is the center of our work.

We will use the book *Anabaptist Essentials* to begin our conversations about these three themes. (Mennonites are part of the Anabaptist tradition in Christianity.) Passages of Scripture will be part of each class session. Whether you think of yourself as a Mennonite or not, this Sunday school class is intended to help every person at CMF understand more deeply our congregation's vision of "Becoming Faithful Followers of Jesus Christ."

